

## Spiritual Resources

### What Happens When We Die

The Proof Of Heaven: A Neurosurgeon's Journey Into The Afterlife Dr. Eben Alexander

Living In A Mindful Universe Dr. Eben Alexander describes the true nature of consciousness from a neurosurgeon's perspective

Life After Life Dr. Raymond Moody Jr. MD is a psychologist and physician. A pioneer in the study of Reincarnation

The Light Beyond Dr. Raymond Moody also has a documentary "Reincarnation" on you tube

Beyond Death: Into the Light Plus Through the Tunnel and Beyond Raymond Moody and Bruce Greyson Phd.

Origin Of The Soul Dr. Ian Stevenson Professor of Psychiatry at the University of Virginia, he studied reincarnation for 50 years

"Is There Life After Death" you tube, Fifty Years of Research at the University of Virginia

What Are our Loved Ones Doing in the Afterlife Suzanne Giesemann Retired Navy Commander and Chairman to the Joint Chief of Staff

The Fun of Dying- Find out What Really Happens When We Die Roberta Grimes was a business attorney, now a Afterlife expert

The Afterlife Experiments: Breakthrough Scientific Evidence of Life After Death Gary Schwartz Phd. Professor of psychology and psychiatry at Yale

### Near Death Experiences

The Death Experience: What It Is Like When You Die Dr. Alen Huguenot a mechanical engineer

Dying To Be Me Anita Moorjani had cancer and after an NDE she was cured.

Application of Impossible things: My Near Death Experience in Iraq Natalie Sudman

Touching Heaven: A Cardiologists Encounter with Death and Living Proof of An Afterlife Chancy Crandall and Kris Bearrs

### Out Of Body Experiences

Journey's Out of The Body Robert Monroe He founded the Monroe Institute a world leader in human consciousness exploration

Adventures Beyond the Body William Buhlman had 4 decades of out of body experiences  
[www.astralinfo.org](http://www.astralinfo.org)

Out of Body Experience: How to Have Them and What to Expect Robert Peterson

## Angels

Angels in My Hair Lorna Byrnes sees angels physically

Connect With Your Angels Corin Grillo Psychotherapist

Lessons from the 12 Arch Angels Belinda Womack communicated with Angels as a child

## Meditation

The Hidden Power Of Meditation Kevin Courtney

This is Your Brain On Meditation Dr. Joe Dispenza

You Are The Placebo: Making Your Mind Matter Dr. Joe Dispenza international researcher and Educator

Meditation for Beginners Tom Cronin

Visualization Can Change Your Brain Dr. Alberto Villolda started the Omega Institute

Kundalini Yoga and Meditation Guru Jagat

## Mediumship

What Are Loved Ones Are Doing In The Afterlife Suzanne Gieseemann is a retired navy Commander

What is Mediumship Suzanne Gieseemann is a Medium, Channeler, and International Speaker

How Do You Connect To Your Loved Ones in the Everlife SuzanneGieseemann.com

What the Spirits Can Teach Us About Life James Van Pragh A medium and messenger of the spirit world

Love Beyond Words Suzanne Gieseemann helpingparentsheal.com

The Truth About Mediums Gary Schwartz Phd. Is a professor of psychology, medicine, and neurology

## Soul Growth

The Seat Of The Soul Gary Zukav Founder of Seat of the Soul Institute. Oprah stated this book changed her life

The Fun of Growing Forever Roberta Grimes reveals a powerful method for attaining Spiritual Growth

Healing Ancestral Karma Dr. Steven Farmer Phd Somatic and Shamanic healing

The Atheist and the Afterlife An Autobiography A True Story of Inspiration, Transformation, and the Pursuit of Enlightenment Ray Cataina

A New Earth: Awakening To Your Life's Purpose Eckhart Tolle Spiritual Teacher and Author

## Spirit Guides And Intuition

Ask Your Guides Sonia Choquette, she had psychic abilities at a young age

Let Your Intuition Guide You Sonia Choquette she wrote 27 books in 37 languages

Opening to Channel: How To Connect With Your Guides Sanaya Roman and Duane Packer

Animal Spirit Guides Steven Farmer Phd

## Developing Your Psychic Abilities

Practicing The Power of Now Eckhart Tolle Most Popular Spiritual Author

The PK Man: A True Story Of Mind Over Matter Jeffrey Mishlove Phd TV Show Thinking Allowed

The Universe Is Talking To You: Tap Into Signs And Synchronicity To Reveal Magical Moments Every Day  
Tammy Mastroberte Spiritual Teacher Elevated Existence Magazine

## Dreams

The Power Of Your Dreams Kelly Sullivan Walden Psychotherapist Founder of Dream Life Coaching

Dreams of Awakening: Lucid Dreaming and Mindfulness of Dreams and Sleep Charles Morley

Dreaming as a Spiritual Practice Theresa Bullard Phd and Physicist Founder of the Modern Mystery School

## Children Remembering Past Lives

Origin of the Soul Dr. Ian Stevenson, a psychiatrist studied over 2500 reincarnation stories of Children remembering past lives

Where Reincarnation and Biology Intersect Dr. Ian Stevenson

Born Again Dr. Ian Stevenson

Children's Past Lives Carol Bowman, here and her husband founded the internet site "Past Life Forum"

Return from Heaven Carol Bowman worked with Dr. Stevenson

Amazing Things That Kids Have Said About Past Lives That Even Skeptics Cannot Explain you tube

## Past Life Regression Therapy

Three Waves Of Volunteers And The New Earth Dolores Cannon traveled the world sharing the Knowledge She Learned As A Regression Therapist And the Technique She Developed

Five Lives Remembered Dolores Cannon Is A Pioneer in Past Life Regression Hypnosis

The Convuluted Universe Five books Dolores Cannon True History Of Our Earth And Our Soul

Many Lives Many Masters Dr. Brian Weiss is a psychologist he has regressed over 4000 patients

Same Soul Many Bodies Dr. Brian Weiss attended Columbia and Yale

Journey Of Souls Michael Newton Phd. Pioneer in the Study of Our Life Between Lives

Destiny Of Souls Michael Newton [www.newtoninstitute.org](http://www.newtoninstitute.org)

Meet the Hybrids: The Lives and Missions of Extraterrestrial Ambassadors on Earth Miquel Mendonca and Barbara Lamb [BarbaralamMFT.com](http://BarbaralamMFT.com)

Past Life Regression Dr. Bruce Goldberg has done over 35,000 past life regressions.

Time Traveler For Our Future Dr. Bruce Godberg trained as a dentist

Beyond Past Lives Mira Kelley was a corporate attorney in New York City

Healing Through Past Life Regression Mira Kelley's painful physical condition healed through Regression

Return Again Georgianna Cannon has an Ontario Canada Hypnosis Center

Discovering the Interlife Georgianna Cannon is an international speaker on Regression therapy

Other Lives and Other Selves Roger Woolger Phd is a Leading Pioneer in Regression Therapy

Life Changing Moments in Inner Healing Dr. Peter Mack used Regression therapy in his Medical Practice

Inner Healing Journey: A medical perspective Dr. Peter Mack, with 14 physicians and 5 psychologists formed the Society for Medical Advancements and Research with Regression Therapy

The Holistic Highway to Heaven Linda Backman Psychologist started the Raven Heart Center

Wisdom Of Souls Ian Lawton Asks The Elders Questions In The Between Life Regression Sessions

Transforming The Eternal Soul Andy Tomlinson

The Flipside: A Tourist Guide To Navigating The Afterlife Richard Martini produced documentary

It's a Wonderful Afterlife Richard Martini produced documentary on Regression Sessions

## Energy Medicine

90 Days To Self Health Dr. Norman Shealy MD and Phd. He is a neurosurgeon and physician

Heal My Beloved Heal Dr. Norman Shealy MD and Phd. He has 14 patents in energy medicine

Why People Don't Heal and How They Can Carolyn Myss developed the Field of Energy Anatomy

Energy Medicine Can Change Your Brain Dr. Alberto Villolda studied with Shamans for 25 years

Quantum Effect Series Randy Veitenheimer Energy Healer [www.energydokter.com](http://www.energydokter.com)

Energy Healing Experiment: Science Reveals Our Natural Power To Heal Gary Schwartz Phd.

Awakening To The Fifth Dimension: Discovering The Souls Path To Healing Kimberely Meredith is a medical intuitive, trance channeler and a psychic surgeon. [thehealingtrilogy.com](http://thehealingtrilogy.com)

Energymedfit.com Dr. Glenn Streeter Energy Medicine Practitioner We are voltage regulated not chemically regulated.

Biological Immunity Research Institute Gary Martin PhD PScd scalar healing, memgram, and biocodes

The Empath's Survival Guide Judith Orloff is a psychiatrist, medical intuitive and channeler. She teaches medical doctors how to improve their intuitive powers

The Energy Codes: The 7 step System to Awaken your Spirit, Heal Your Body and Live Your Best Life Dr. Sue Morter

The Bio Mat Book : Far-Infrared and Vibrational Medicine Dr. Marcus Sircus

Medical Biomagnetism and Bemer Technology Victoria Vivaldi Natural Medicine

## Holistic Health

Remedies Edgar Cayce A Pioneer in the Study of Holistic Medicines

Breathing Your Way To Healing Andrew Weil MD Integrative Medicine: A Healthier Nation

Crystals for Healing Karen Frazier Intuitive Energy Healer and Reiki Practitioner

Expressive Arts Therapy In Trauma Healing And Recovery Cathy Malchiodi PHD

The Book of Tapping: Emotional Acupressure with the Emotional Freedom Technique Sophie Merle

Earthing: The Most Important Health Discovery Ever Sinata MD, Ober, and Zucker

Color Can Heal Your Life Dr. Deanna Minich The Seven Systems of Health

Quantum Touch The Power to Heal Richard Gordon Energy Vibration through Breathing

Chakra's and Self Care Karen Jolyn Do it yourself energy healing

Healing Yoga Rodney Yee Nationally Recognized Yoga Instructor

Healing Self Deepak Chopra A Leading Authority on Holistic Health

Superfoods: The Food and Nutrition of the Future David Wolf Leading Authority on Nutrition

The Master Key: The Qigong Way to Unlock Your Hidden Power Robert Peng Qigong Master

Consciousness and Healing Initiative Dr. Shamani Jain Psychologist and Scientist

Healing with Sacred Plants Dr. Alberto Villolda

The Healing Power of Herbs: Medicinal Herbs for Common Ailments Tina Sams

Tuning into The Human Biofield: Healing with Vibrational Sound Therapy Eileen Day Mc Kusick

Sound Medicine Wayne Perry Founded The Sound Therapy Center

Follow the Shamanic Call: An Ancient Path for Modern Lives Mike Williams

Messages from the Water to the Universe Dr. Masuru Emoto

The Subtle Body: An Encyclopedia of your Energetic Anatomy Cyndi Dale

The Reconnection: Heal Others Heal Yourself Eric Pearl MD Internationally Recognized Healer

Consciousness and Healing Initiative Dr. Shamani Jain Psychologist and Scientist